

Perspective of an RDNA nurse

"Over months and years, the client relationship evolves into one of trust and respect ~ enabling the client to trust that together we will make the best decisions for their health."



community nursing in 2026

- * RDNA nurses annually visit ca 200 (unduplicated) residents, making 2,000 in-home visits, driving up to 10,000 miles in Rockland, Thomaston, South Thomaston, St George, Owls Head, Cushing, Warren and Union ~ our waitlist is growing
- * in 2026, RDNA hired 2 additional per-diem RNs
- * RDNA services are generally not covered by Medicare/MaineCare and insurance, although they are deemed essential
- * clients stay with the agency for as long as needed, since RDNA does not receive Medicare, MaineCare or insurance reimbursements ~ clients are typically with the same nurse for years
- * operating costs are continuously rising, yet strong community support has kept RDNA service fees stable



RDNA nursing services include

medication management ~ foot care ~
blood draws ~ vital sign checks ~ pre-draw
insulin syringes ~ wound care ~ injections ~
health assessments ~ O2 checks ~
community health/home instruction
4 monthly b/p clinics

*All clinical services are provided by
paid, licensed, nursing staff*

RDNA nursing statistics

- * average client age is 82
- * 77% of clients are 75 or older, with the oldest clients 103
- * 68% are female, most living on their own
- * over 70% of visits receive financial assistance
- * nursing staff consists of a Clinical Care Director (RN) and (per-diem) 5 RNs and 1 LPN with combined 250+ years of nursing experience

Leadership Team ~ Peta vanVuuren (Agency Director) Lise Duda, RN (Clinical Care Director)

*Board ~ Anna Ware (Pres) Anne Norman (Sec) Kathy Roth (Treas) Renee Heal Mark Lewis Meg Sawyer
Walker Hutchins (Emer) Endowment Committee ~ Sue Baines Bree Douty Deirdre Felton (Emer)*

funding

RDNA operations (FY 2025/26)

Income

- 51% community donations** (including towns)
- 22% endowment
- 14% grants
- 13% client Fees
- 0%** Medicare, MaineCare, insurance payments

Expenses

- * \$0.85 of every dollar received for operations is returned to the community in service (program)
- * 60% of the annual budget covers nursing staff expenses (salary, payroll tax & visit travel)
- * 2,500+ outreach and fundraising hours are donated annually

RDNA endeavors to serve all regardless of ability to pay, understanding that our collective health depends on the well-being of the most vulnerable among us

we need your help

spread the word ~ never underestimate the power of the story

- * share RDNA info ~ especially with newcomers

- * visit the Eliza Steele Memorial Garden

(MacDougal Park on Broadway, Rockland) ~ honoring RDNA's founding nurse

- * bring a friend to the annual Basket Social

- * become a Doughnator ~ build a group, honor a nurse in your life

Doughnators are displayed in the RDNA nursing office through the year

clients are accessing RDNA earlier, staying longer, while the provision of health care grows increasingly complicated

- * donate ~ on-line, by mail, in person

(unfortunately RDNA is unable to accept supplies)

- * remember RDNA when considering QCD and stock disbursements/gifts

- * Sponsor~an~RDNA Mile (*on-line*) - monthly donations keep RDNA nurses on the road

- * contribute to the RDNA Endowment * include RDNA in your estate planning



visit our web-site for upcoming fall Basket Social details
curated bake sale ~ raffle ~ doughnators ~ community gathering



RDNA is a 501(c)(3) agency ~ caring for the community since 1929