

2022 ~ "See you next week"

RDNA Tapestry of Caring

District nursing, once ubiquitous in Maine, is a 93+ year-old tale of community nursing in the Rockland area ~ independent and locally supported. Our enduring strength relies on the quality of our nursing staff, the trust of our clients and their families, and the commitment from our community. Our independence affords the nurses the flexibility to effectively adapt to an ever-changing health care environment, focusing on the non-acute, in-home nursing needs of vulnerable clients and neighbors.

Through Covid, our staff have continuously provided services, following evolving health and safety protocols, and with steady increased need. The Board and Endowment Committee have ceaselessly worked to ensure RDNA's continued stability and sustainability, with volunteers helping to carry the load in these extraordinary times.

Community donations sustain this essential service.



Agency Facts



Annually, RDNA nurses serve 200 un-duplicated residents living independently in Rockland ~ Thomaston ~ Owls Head ~ Warren ~ St. George ~ South Thomaston ~ Cushing ~ Union

Average client age is 81
85% of clients are 70 or older
60% are 80 or older

Nursing staff consists of a Clinical Care Director (RN) and (part-time) 3 RNs and 1 LPN
Combined 165+ years nursing experience

Monthly

AVG # OF IN-HOME VISITS:
PRE-COVID ~ 152
SINCE MARCH 2020 ~ 175

AVG MILES DRIVEN:
PRE-COVID ~ 540
SINCE MARCH 2020 ~ 760

Since March 2020

TOTAL IN-HOME VISITS ~ 5,500+
TOTAL MILES DRIVEN ~ 23,000 +

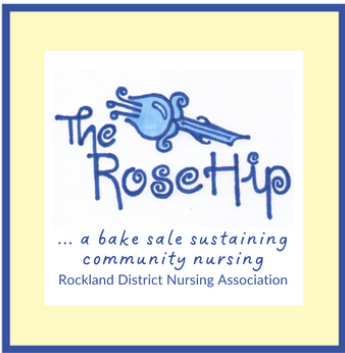
Nursing services include
~ Medication management ~ Foot care ~ Blood draws ~ Vital sign checks ~ Pre-draw insulin syringes ~ Wound care ~ Injections ~ O2 checks ~ Health assessments ~ Community health/home instruction
Regular, in-home nursing visits are one key to preventing an undesirable influx into our over-stressed hospital and long-term care facilities.

"My father loves his chats with you." client daughter

Funding

RDNA does not receive Medicare/Mainecare or insurance reimbursements. We focus on stepping in when these benefits step back or don't cover needed services. Therefore, RDNA is generally not eligible for federal and state health care funding that is allocated to providers ~ during normal times and emergencies.

"I am so grateful for the beautiful Eliza Steele Garden! I want to thank your nurses for their work, especially during the pandemic." *community member note*



The Rose Hip in 2022

This inaugural Rose Hip season brought RDNA volunteers each Saturday morning (July 4th weekend ~ Labor Day Weekend) to the beautiful Weskeag Village Green in South Thomaston, where they sold over 1,000 freshly baked pies, biscuits, muffins and scones in support of RDNA. Over 200 volunteer hours were donated baking and selling. Incredible!

Many, many thanks to this dedicated team ~ and to our friends and neighbors who shared in these culinary delights.

Eliza Steele Memorial Garden Update

MacDougal Park, Rockland

Ending our third season, the garden is exhibiting multi-seasonal splendor ~ a haven for multitudes of birds, butterflies and bees. Visitors routinely thank the garden volunteers for their loving care and devotion to this peaceful space, and to the memory of Eliza Steele, RN, her colleagues, and the generations who have kept RDNA going. The garden is overseen and maintained by volunteers, and sustained through designated community donations. RDNA is the fiscal agent.



RDNA Operations

Income (FY 2021/22)

39% Community donations (including towns)

25% Grants

22% Endowment

14% Client Fees

0% Medicare, MaineCare, Insurance reimbursements

Expenses

\$0.88 of every dollar received for agency operations is returned to the community in service, and remains in the midcoast area.

2,500+ outreach and fundraising hours are donated annually. RDNA is a 501(c)(3) organization.

RDNA ~ 1929 to Present

This midcoast region has a history of quality and progressive community health care, for decades led in Rockland by Eliza Steele, RN, RDNA's founding nurse. Ms. Steele served with RDNA from 1929 until her retirement in 1968. She and her staff were familiar figures walking from visit to visit, often offered rides by passersby. Through the decades, and the upheavals of the Great Depression and World War II, RDNA addressed emerging health needs of this coastal region. RDNA understood, and continues to understand, that our collective health depends on the well-being of the most vulnerable among us.